



*The AI/AN Society of Indian Psychologists Mentorship Program presents:*

**April 2, 2021 at 12:00-1:30 pm (CDT)**

***Webinar 4: “Indian Time”: Strengthening Native Identity***

**Carolyn Barcus, Ed.D** (Blackfeet)  
Emerita Professor, Department of Psychology  
Utah State University

**Denise L. Newman, Ph.D.** (Ojibwe/Métis)  
SIP Mentorship Program Chair  
New Orleans, Louisiana

**Melissa Tehee, Ph.D., J.D.** (Cherokee)  
Assistant Professor, Department of Psychology  
Utah State University

***Discussion moderated by***  
**Brian McNeill, Ph.D.** (Chicano)  
Professor and Co-Director of Training in Counseling Psychology  
Washington State University

***The SIP Native-to-Native Mentorship Program and Webinar Series*** was designed to help improve intergenerational professional mentorship. We emphasize the importance of gathering together to uphold our cultural values and sustain our relationships which support and strengthen Native identity. In this workshop, we will discuss both Native and broader cultural concepts of time and discuss how time management contributes to personal wellbeing. This workshop, the fourth in a series of five webinars, considers both Western and traditional Indigenous concepts of *time*, along with the executive functions of *time perception* and future time *planning* at the intersection of Native identity. Personal time management is framed as a discussion about the awareness of one’s past (historical context), the present (recent experience), and anticipation of the future. Stereotyped notions of cultural differences are challenged and underacknowledged historical records are highlighted. Besides identifying theoretical concepts, the presenters will discuss cultural considerations within our Native community, share the importance of time management and planning when it comes to attending the SIP Conference & Retreat. SIP Conference Director, Dr. Melissa, Tehee, will provide pragmatic information about attending the gathering. SIP founding Elder, Dr. Carolyn Barcus, will share a historical and systems context of the Society as an organization and how it welcomes new and returning members to this Native community.

## **This Webinar is Hosted by the Society of Indian Psychologists Mentorship Program Committee:**

Denise L. Newman, Ph.D., *Chair*, Alberta Arviso, Ph.D., Linda M. Forrest, Ph.D.,  
Rebecca Crawford Foster, Ph.D., Brian McNeill, Ph.D., Stephanie Miller, Ph.D., & mentee liaison  
Gwen Rasmussen, M.Sc.

### **For Further Information:**

Email Dr. Denise L. Newman, Chair of SIP Mentorship Program at [SIPMentorship@gmail.com](mailto:SIPMentorship@gmail.com)

### **Psychology CE Offerings:**

Attendants are eligible to earn 1.5 CE units for 1.5 hour-long program. SIP Mentorship Program Mentors are eligible for no fee credits with completion of post-session evaluation form and full session attendance. Webinar program is free and open to the General Public and to Members of the SIP community with advanced registration. Fees for CEU credits Mentors (free) and Guests (\$30, payable with registration at <https://www.paypal.com/instantcommerce/checkout/AETLZJSN7MA7A>).

\*Participants must attend the entire workshop via *Zoom* with their video capabilities turned on to be eligible for CE credits. The Mentorship Committee will email the forms to all those participants eligible for CE credits (attended and paid, if applicable) as soon as the CE workshop concludes. The SIP CE coordinator, Joanna Shadlow, Ph.D. ([Joanna-shadlow@tulsa.edu](mailto:Joanna-shadlow@tulsa.edu)) will send out CE certificate to each participant once they receive 1) confirmation of attendance, 2) confirmation of payment (*if applicable*), and 3) participant returns a completed evaluation form.

### **Learning Objectives:**

The participant will be able to:

1. Describe the concepts of linear and cyclical time.
2. Describe the faculty of time perception as an intersection between metaphysical, physical, and psychological notions of time.
3. Describe the notion of time as a community event within a Native American cultural context.
4. Describe how time shared with others strengthens bonds within a community, improves understanding of the self, strengthens identity and enhances resolve to action.

**Full Disclosure Statement:** The presenters and organizers do not individually gain financially by the sale of any product or publication as a result of this workshop excepting where applicable fees to cover the costs of CEU certification support the *Society of Indian Psychologists*. No external source funds the research presented in this workshop.

## References:

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- Eldeleklioilu, J., Ylmax, A., & Gültekin, F. (2010). Investigation of teacher trainees' psychological well-being in terms of time management. *Procedia Social and Behavioral Sciences, 2*, 342-348.
- Page-Reeves, J., Marin, A., Moffett, M., DeerInWater, K., & Medin, D. (2019). Wayfinding as a concept for understanding success among Native Americans in STEM: "Learning how to map through life." *Cultural Studies of Science Education, 14*, 177-197.
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- Wilson, S., & Gibson, E. (2011). Graduate school learning curves: McNair scholars' postbaccalaureate transitions. *Equity & Excellence in Education, 44*, 153-168.